

GBAGADA EXPRESS



Rotary Club of Gbagada District 9110

Rotary Club of Gbagada Weekly Bulletin

Vol. 05 2022 - 2023



Paul Harris
Rotary Founder

ROTARY CLUB OF GBAGADA

Charter Date: Feb. 27, 1984
Charter No.: 22810
Club ID No.: 21631
Charter President: G.O. Adenuga - Taiwo



Jennifer Jones
RI President 2022-2023

SPECIAL POINTS OF INTEREST:

Rotary International/District 9110 News
News from Rotarian Action Groups + Fellowship
Club Trainer's Page
Personality Interview
Rotary Encyclopedia



Omotunde Lawson
District Governor 2022-2023

AT A GLANCE

President's Message
From the Editor's **Corner**
Minutes of Club Meeting
Celebs of the Week
On a Lighter Note



Alozie Nsirimobi
President 2022-2023

Club meets Wednesdays

6:30 for 7:30pm
@Golfview Hotel & Suites,
12 Gen. Adeyinka Adebayo Road,
(Old Works Road) GRA, Ikeja,
Lagos, Nigeria.



15x AWARD WINNING CLUB
7 times consecutively

Alozie Nsirimobi *President 2022 - 23*

Priscilla Dikko *Secretary*

Augustine Orohundusi *Treasurer*



Rotary Club of Gbagada

@rotaryclubofgbagada

@rotaryclubgbaga

gbagadarotary@yahoogroups.com

Membership Slogan: "Each Rotarian, bring one, keep one".

Bulletin Editor: Rotn. Wale Junaid

You can also get the e-bulletin on www.rotaryclubgbagada.org

Rotary Grace

*"O Lord the giver of all good,
We praise thee for our daily food,
May Rotary Friends and Rotary ways
Help us to serve thee all our days"*

4

The **4-Way Test** of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

PAST DISTRICT GOVERNORS



PDG Niji Raji
(1997-1998)
RI Theme: Show Rotary Cares



PDG Kehinde George-Taylor
(D9120: 1997-1998)
RI Theme: Show Rotary Cares



PDG Abayomi Adewunmi
(2006-2007)
RI Theme: Lead the Way



PDG Mattias Dehinde Shoga
(2010-2011)
RI Theme: Building Communities Bridging Continents



PDG Kola Sodipo
(2018-2019)
RI Theme: Be the Inspiration

LIST OF PAST PRESIDENTS

1984-1985 Late Otunba Adenuga Taiwo - CHARTER PRESIDENT
1981-1982 PDG Kehinde George-Taylor (served in RC Kaduna)
1985-1986 Late PP Oladele Okuwa
1986-1987 PDG Yomi Adewunmi
1987-1988 PP Olu Isijola
1988-1989 PDG Niji Raji
1989-1990 PP Otunba Jossy Ayannuga
1990-1991 Late PP Abiodun Oredein
1991-1992 Late Bayo Fowode
1992-1993 PLG Bola Ayanwale
1993-1994 PP Kunle Onalaja
1993-1994 AG Tunde Lawal (served in RC Ijebu Igbo)
1994-1995 PAG Ayo Onafuwa
1994-1995 PP Olutunde Aboderin (Served in RC Ipaja)
1995-1996 Late PP Tunji Atanda
1996-1997 Late PP Afolabi Atolagbe
1997-1998 PP Akin Olusoga
1998-1999 PP Tayo Eboda
1999-2000 PP Lai Oyeduntan
2000-2001 PDG Deinde Shoga
2001-2002 PP Muyiwa Labinjo

2002-2003 PAG Tunde Odutayo
2002-2004 PP Dayo Sokan
2004-2005 PDG Kola Sodipo
2005-2006 PDG Kola Sodipo
2006-2007 PAG Adewale Adegbite
2007-2008 PAG Muyiwa Matuluko
2008-2009 Late PDG Mike Omotosho
2009-2010 PAG Layi Abidoye
2010-2011 PAG Lanre Kasim
2011-2012 PAG Tayo Lawal
2011-2012 AG Adenike Adeul-Azeez (served in RC Ketu)
2012-2013 HRM PAG Bayo Windapo
2013-2014 PAG Tayo Adelaja
2014-2015 AG Kayode Taiwo
2015-2016 PP Sola Adenuga-Taiwo
2016-2017 PP Olanrewaju Akintilo
2017-2018 PP Adefowoke Williamson
2017-2018 PP Tayo Opanubi (served in RC Port-Harcourt Airfield)
2018-2019 PP Basirat Giwa
2019-2020 PP Akinwale Odutola
2020-2021 PP Isola Ogunsola
2021-2022 IPP Bayo Erinle

PRESIDENT'S MESSAGE



Alozie Nsirimobi
President 2022-2023

Fellow Rotarians, welcome to the 5th Week of the 117th year of Rotary International and first week in the Membership & New Club Month.

SCORE CARD FOR JULY 2022.

1. ATTENDANCE:

Week 1 = 34/138
Week 2= 40/138
Week 3= 29/138
Week 4= 35/238.

ATTENDANCE ANALYSIS.

*9 members= 100%
*12 members 75%
*20 members 50%

PAYMENT OF DUES:

42 members have paid either part or all of their annual dues.

DEWEF : To be reported by the treasurer.

OUR OBLIGATIONS :

1. DG Installation.. attended. ✓
2. First Club Assembly... held. ✓
3. Hosted the DG. ✓
4. District dues ... paid. ✓
5. RI dues...paid. ✓
4. First Board meeting. held ✓
5. Club Officers Training.. done ✓

The club bulletin will unveil the faces of the 100% attendees. PDG Raji, promised an end of year gift for 100% attendance. Thanks to our Doyen.

The SAA from PAG Matuluko is still the highest for the 4 weeks. Should also be attracting an Award this year.

This month promises to be an engaging month with:

- * Membership Seminar in Abeokuta ...16th August.
- *Peace Award at the District ...19th.
- *RYLA opening ceremony at the Sea School ..21st.
- *Visit of our club to the RYLA camp, Wednesday, 24th.
- *RYLA closing ceremony, 28th August and, of course, our
*CnC event for 31st August.

Many thanks to the club chair of Youth Service, Rtn. Erica Chikwendu and club RYLA Champ, Doyin, for efforts to package the program at club level. The competition for the trophies are stiff and we are focused. May I use this opportunity to urge members to encourage the RYLA team as they approach members for support. Thanks also, to PP Odula for excellent role on this at the District level. RYLA is N45,000 per candidate and we resolved on sponsoring 40 which is the maximum point for sponsorship, but we have other activities that attract winning points that our RYLA Team are putting up strategies for, kindly assist.

Let's also, support the Membership chair as he has rolled out his plans to meet his target of 20% net increase in our club membership.

Happy new month of August, as we pray for God's blessings and grace to accomplish all that we have set out to achieve this month.

CELEBS OF THE WEEK BIRTHDAY



ODUTOLA Akinwale
August 3rd



KASIM Olanrewaju
August 4th



OROHUNDUSI Augustine
August 4th



NIYI Adekunle
August 7th

SPOUSE BIRTHDAY



LARA Rajii
August 3rd



SHOGA Bimbo
August 7th



GIWA Basirat
2nd August



ADENUGA TAIWO Sola
7th August

WEDDING ANNIVERSARY

MEMBERS CLASSIFICATION GROUP B (ADMIN/EXECUTIVE SERVICES)



NSIRIMOBI Alozie
Debt Management
Consultancy



ADEOBA Babatunde
Haulage/Logistics



DIKKO Priscilla
Event Management



WALE Junaid
Public Administration

MEMBERS CLASSIFICATION
GROUP B (ADMIN/EXECUTIVE SERVICES)



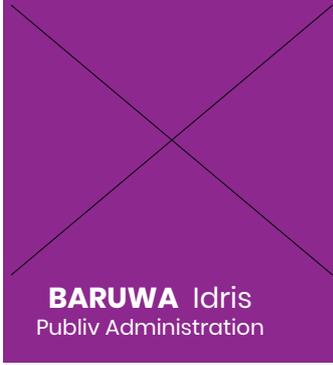
AYENI Samuel
Logistic Services



ODUDE-OLASINDE Charles
Haulage and Logistics Services



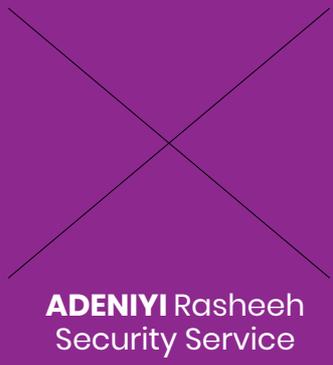
OKE Adeola
Project Management



BARUWA Idris
Publiv Administration



GIWA Adebimpe
Manufacturing Executive



ADENIYI Rasheeh
Security Service



ONIBASA Anthony
Security Consultancy



USA Patricia
Human Resource

The
Imaginative

Board Members of
Rotary Club of Gbagada
2022-2023



ROTN. ALOZIE R. NSIRIMOBI
President 2022-2023



ROTN OLUBUNMI OGUNTADE
President Elect



ROTN. PRISCILLA DIKKO
Secretary



ROTN. AUGUSTINE OROHUNDUSI
Treasurer



ROTN. FOLARIN AKINLEYE
Sargent At Arms



ROTN. RICHARD TYOTULE
Chair, History & Archive



ROTN. NIYI ADEKUNLE
Chair, Membership Attraction



ROTN. LANIRE OLASINDE-ODUDE
Chair, Membership Engagement



ROTN. ADESINA KOIKU
Chair, Rotary Foundation Committee



ROTN. YEMI LAWAL
Chair, Club Service Project



ROTN. ERICA CHIKWENDU
Chair, Youth Service Committee



ROTN. KAMAL WAHAB
Chair, Club Admin Committee



ROTN. OLANREWAJU O'NEZER
Chair, Public Image Committee



ROTN. BAYO ERINLE
Immediate Past President

EDITOR'S CORNER



Fellow Rotarians, we are welcome to week 5 of the Imaginative Rotary Year. It is the beginning of Membership and Extension month which the month August represents in the Rotary International calendar and I trust we are bracing to making the best of at the Rotary Club of Gbagada.

Membership drive is necessary but it is willing members that drive the Club or any organisation in a more

positive way.

Increase in Membership naturally could be a strength and asset but if not recruited in a most methodical way, it could become liability; here is another attestation to why Rotary is the best globally because every process has a design, approach and focus.

Political season is here and distracting brickbats are ongoing. Rotary is enjoined to look for where to fit in so as to shape the next immediate future of our living. This can be done without necessarily becoming politicians. Rotary is an embodiment of integrity and this can be maximally influential on the society if we so design programmes and activities toward that.

Enviably innovations and ways are good but the existing standard ways that brought glory and honour should never be jettisoned, hence the old members of Rotary cannot afford to retire or get tired but to keep on pushing and moulding the new "generation".

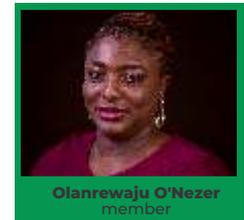
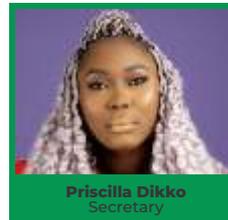
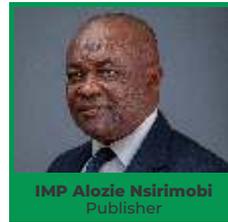
Rotary Club of Gbagada is leading in so many ways including regular trainings and learning opportunities. This is one secret behind the quality of membership and we cannot compromise it.

In this edition, the usual menu are served for our enjoyment, refreshment and learning purposes.

Lets enjoy it together.

Yours in Rotary
Wale JUNAID

2022 - 2023 EDITORIAL BOARD



IMPORTANT INFORMATION

Club Greeters for Wednesday 3rd August.

1. Adekunle, Adeniyi
2. Adekogbe, Brian Oyinlola
3. Oke, Adeola

ACCOUNT DETAILS

POLARIS BANK: Rotary Club of Gbagada
1770013352

UBA: Rotary Club of Gbagada
1021819772

FIRST BANK: Rotary Club of Gbagada
2031005540

RI PRESIDENT'S MESSAGE



August 2022

We've all taken our own path to become a member of Rotary. Some of you joined because your father was a Rotarian. Some of us signed up because an employer tapped us on the shoulder and asked us to attend a meeting. Others became members only after a U.S. Supreme Court ruling made it possible. Yet each of us entered through one mechanism — an invitation.

An invitation that unlocks our imaginations and allows us to know that everything and anything is possible. Each one of us has that same opportunity — the honor to extend an invitation.

It is awe-inspiring to imagine how we can look out across our communities and identify our future leaders. It's often tempting to attract people who are exactly like us. It's a special form of ingenuity to consider how people who are seemingly very different can, in fact, share our values and have some of those same talents, just waiting to be unleashed.

It's time for Rotary to take our next step in advancing Diversity, Equity, and Inclusion (DEI) across our organization.

Embracing an experience where people feel included is more than just making our membership numbers more diverse. It's about making our meetings and events places where we can speak openly and honestly with each other, where our members feel welcome and safe. This means removing barriers for entry and opening doors for inclusion. Our values remain our strength — and our commitment to excellence requires us to maintain high standards for our members as well.

I believe we are all committed and determined to advancing DEI across Rotary. This is rooted in the deepest traditions of our organization, and it will ensure that we remain vibrant and relevant for decades to come.

A few years ago, our Rotary Board set the ambitious goal of increasing the share of female members to 30 percent by 2023. We have less than a year to go, but I believe we can meet and exceed this target.

We need Rotary leaders to rise from every continent, culture, and creed. We need young members and young thinkers to take on larger roles and responsibilities. We need to listen to new Rotary members just as keenly, and with as much respect, as those with many years of membership.

During our recent convention in Houston, we heard from astronauts about their journeys into space. We reflected upon a time in the 1960s when U.S. President John F. Kennedy urged the world to dream, with his declaration that we would "go to the moon [and do] other things, not because they are easy, but because they are hard."

Fully committing Rotary to DEI and meeting our ambitious membership targets may seem as unlikely as a moon shot. But I know that when people of action are committed to a big goal, we make it worth every ounce of our energy.

DG'S MESSAGE



THE IMAGINE ROTARY JOURNEY.....The first 31 days
My Dear Rotarians, Can you just Imagine? One month gone by like a flash in the pan! The minutes started counting from 12.01 on 1st July, 2022 and of the 525,600 minutes we have, some of which have fast gone by, we can't imagine more, but only the minutes ahead.

'You don't imagine yesterday, you imagine tomorrow'-----RIP Jennifer Jones
First and foremost, I want to thank the Almighty and faithful God for the

incredible journey so far. The year started with many, including myself imagining what exactly the next 365 days would look like. Despite the vision and goals earlier set for the year, the question still remained: would they be eventful, interesting, challenging, thrilling, motivating, different, etc, especially because our district was having the first female District Governor (FFDG)? However, I want to say that the first one month has been a combination of all the above experiences and even more.

THE HANDING OVER CEREMONY

My worthy and award-winning predecessor, Immediate Past District Governor Remi Bello handed over to me officially on Thursday 30th June 2022 following the conclusion of the assignment of the transition committee that was set up. In a brief ceremony, he handed over two copies of his detailed handover notes in the presence of both his outgoing and my incoming teams at that time, as well as the transition committee.

My assumption of office, on Friday, July 1, 2022, began with a brief service and session at the Bank PHB hall, followed by the launch of D9110 Rotary Global Radio by the Doyen of Past District Governors, Rotarian Julius Adelusi-Adeluyi, OFR, mni as well as the unveiling of his bust at a strategic location at the Rotary Centre. This was quickly followed by the launch of Polio Plus Society and decoration of 67 Rotarians who signed up as pioneer members with a contribution of a minimum of \$100.

All those that keyed in got a special PPS pin. They were also presented with certificates of membership. District 9110, I would like to put on record, took the lead as the first in Nigeria to initiate this.

On that same day, I attended the very first installation ceremony, which was that of Rotarian Joe Akhigbe as the President of Rotary Club of Lagos, at The Muson Centre, Onikan, Lagos.

We equally committed the year to God's hands by attending Juma'at prayers at the Central Mosque, and the Interdenominational Church service and Chapel of Christ the Light, Alausa, respectively.

INSTALLATION OF DISTRICT GOVERNOR

This was a very well attended event which was held on Saturday, 2nd July, 2022 at HighPoint Event Centre, Ikeja by Rotarians and many distinguished guests present and represented, including Her Excellencies, the First Ladies of the two States covered by our District, Lagos and Ogun States, Dr. (Mrs) Ibijoke Sanwo-Olu and Dr. (Mrs) Bamidele Abiodun respectively. Their presence at the District Governor's installation was quite historic and remarkable. Two other former Ministers of the Federal Republic of Nigeria, Dr. (Mrs) Nike Akande, OON, CON

and Dr. Julius Adelusi-Adeluyi, OFR, mni were also there to grace the occasion. I am thankful to God and to all of you for making it an overwhelming success

CLUB VISITATION

I started my club visitation in earnest, beginning with Rotary Club of Ikeja, on Sunday, July 3, 2022. So far, ten clubs have been visited, and I am pleased to report that all of them are effective and vibrant; ready and willing to make a bigger difference in their communities this Rotary year. Life changing projects were also executed by them during my visit. I was, in fact, privileged to plant my first tree as District Governor at Gbagada Senior High School during my visit to RC Gbagada South. Other clubs have since followed in observance of July as the month dedicated to tree planting.

VISIT TO LAGOS STATE EMERGENCY MANAGEMENT AGENCY (LASEMA)

Together with my core team, and members of the District Disaster Relief and Management Committee, I paid a courtesy visit to the General Manager of LASEMA, Mr. Oluwafemi Damilola Oke-Osanyintolu, the 'Double Eagle' as he refers to himself, a member of RC Agege in his office, on Monday, July 17, 2022. This organization hosts the Rotary Club of Ikeja Alausa Golden, of which the Permanent Secretary, Ministry of Physical Planning, Rotarian (Mrs) Abiola Kosegbe is a member. He gave us a very rousing welcome, being the first time the District Governor of 9110 would visit the organization.

Apart from taking us on a 45-minute tour of the incredible facility, we struck a partnership that will immeasurably benefit both organizations, one of which is to train interested Rotarians on Disaster Management at no cost.

MEMBERSHIP

As First Female District Governor (FFDG), I had the First Man of the District, Mr. Francis Akingbade Lawson, as the first Rotarian to be inducted on the first day of July during the first investiture ceremony I attended at the first Rotary club in our District, Rotary Club of Lagos. It was indeed a Koseleri induction. I have also had the privilege of inducting over 20 other new members, who cut across clubs so far visited by me and many other clubs have also added to their membership.

NEW CLUB FORMATION

Two new clubs were chartered by Rotary International in July. They are Rotary Club of Greenfield, sponsored by Rotary Club of Amuwo, which was chartered on Monday, July 11, 2022, with 47 members and has PP Francis Opute as the Charter President and PP Francis Ogugua as the New Club Adviser. The second being Rotary club of Rock City Abeokuta which was chartered on Monday 25th July with 25 members, sponsored by RC Abeokuta Metro and has CP Abiodun Sobogun as the Charter President and PP Joseph Babatunde Somoye as the New Club Adviser.

THE ROTARY FOUNDATION -An incredible record of contributions

A total of \$148,034 has been recorded within the first 29 days in July. This will increase when the 4 clubs with 119 Rotarians who have also signed up give their pledged contributions.

The District was able to attract two AKS members within the first three weeks of the IMAGINE ROTARY year.

DC'S MESSAGE

POLIOPLUS

My dear Rotarians, two major sources of fundraising were adopted for Polio Plus this year.

The first is the PolioPlus Society and the second, Rotary International President, Jennifer Jones' \$800 worth of painting given to all District Governors to specially and specifically raise funds with.

With the launch of Polio Plus Society on July 1, 2022, and during my official visits to Rotary Clubs of Ikeja, Lagos, Falomo, Gbagada, Ikeja South, Agege, Gbagada South, Ojodu, Ikoyi and Ikoyi Metro, almost 300 Rotarians have signed up at a minimum of \$100each. The launch of the RIP JJ's painting has equally generated a contribution of almost \$18,000.

ANNUAL PROGRAMMES FUND

14 Paul Harris Fellows and 2 upgraded first level Major Donors and 1 level two Major Donor and EREY payments have been recorded so far.

ENDOWMENT FUND - ARCH KLUMP SOCIETY (AKS)

The first AKS member was pleasantly achieved via PP Dare Adeyeri of RC Lagos, he is the chair of year 2022 Rotary Foundation fund-raising dinner. This was closely followed by Rotarian Urum Kalu Eke also from the prestigious RC Lagos, the first club in D9110.

SERVICE PROJECTS COMMISSIONED SO FAR

Expectedly, a lot of service projects have been commissioned so far covering the seven areas of focus. From donation of baby cots to the Island Maternity to inverters at LASUTH, refurbishment of toilet facilities in schools, to ICT centres, microcredit facilities to market women and other empowerment programmes. Many clubs supported the environment with tree planting in different dimensions.

PUBLIC IMAGE – launch of D9110 Global Rotary Radio

District 9110 Global Rotary Radio is a fully air conditioned and all acoustic radio station located in the refurbished media room at the Rotary Centre. The station which started live transmission since July 1, 2022 provides Rotary clubs the golden opportunity of global coverage of their activities and projects. This is an initiative introduced to support clubs in their public image drive as well as to publicise their club activities and projects globally at a very affordable cost. The station transmitted live on 1st July and has since been hosting different clubs and individuals. I sincerely appreciate the following for their support in setting up the studio through donations, both in cash and kind:

- Rotary Club of Victoria Island (Major Sponsor)
- Rotary Club of Lagos West
- Rotary Club Victoria Garden City
- Rotary Club of Ikeja South
- Lt. Gov. Ibikunle Ogunbayo
- PAG Toyin Emordi
- PAG Ayo Olumoko
- PP Abayomi Bickersteth

- AG Adeleke Yusuff
- PAG Jemilu Bawakata
- AG Tolulope Onalaja
- PP Segun Musa

The Public Image seminar held on was hugely successful and very well attended with almost 150 Rotarians physically present and many others online.

DISTRICT EDUCATIONAL, AND WELFARE ENDOWMENT FUND (DEWEF)

Contributions (club & individual)

1. Ikeja N500,000
2. Lagos N1,500,000
3. Falomo N500,000
4. Gbagada N5,000,000
5. Ikeja South N1,250,000
6. Agege N200,000
7. Gbagada South N1,000,000
8. Ojodu N250,000
9. Ikoyi N500,000
10. Ikoyi Metro N1,000,000

DISTRICT'S FIRST AID ROOM REFURBISHED

The first aid room which was created in the 2017-2018 Rotary year by PDG Wale Ogunbadejo and had since not been effectively utilised has been refurbished and provided with special medical equipment and medications by RC Ikeja South as one of the projects that was commissioned by the District Governor during her visit to the club. It is now named RC Ikeja South First Aid Room. As the name suggests, it will basically be to provide first aid treatment to Rotarians and guests.

THE DISTRICT ENTERTAINING LOUNGE

The reception, now known as the Entertaining Lounge, has become friendlier, more welcoming, inviting and entertaining with a front desk officer/receptionist permanently on seat. Rotary songs are also played uninterruptedly to enliven our spirit as we conduct our Rotary business in the premises. In fact, you cannot but stop to watch District events, birthday celebrants, District Governor's visits to clubs, commissioning of projects both recorded and live, as they unfold and unfurl on the big television screen strategically placed at the reception.

MINUTES OF MEETING

MINUTES OF MEETING OF THE ROTARY CLUB OF GBAGADA DISTRICT 9110 HELD ON JULY 27TH 2022 AT GOLF VIEW HOTEL IKEJA GRA LAGOS

ATTENDANCE:

Alozie Nsirimobi, Wahab Kamal, O'nezer Olanrewaju, Basirat Giwa, Adedeji Adedoyin, Tayo Adelaja, Adeniyi Adekunle, Lanre Kassim, Bamidele Ayodele, Deinde Shoga, Wale Adegbite, Funmi Adegun, Austine Orohundusi, Wale Junaid, Adetokunbo Fabamwo, Ladi Taiwo

ONLINE

Meeting started at 7:23pm with the

Rotary Grace by all members

Object of Rotary by Prof Adetokunbo Fabamwo

4 Way Test by Rtn. Ladi Taiwo

PRESIDENT'S REMARK:

President welcomed all members, friends and spouses to the we care night which promises to be full of fun. He also acknowledged our members who have connected virtually.

REPORTS FROM BOARD MEETING

Membership :

The membership timetable for August which is membership month has been rolled out. July 25th to August 8th is for submission of names of potential members. Between August 8th and August 14th letters will be sent out to these prospects. Between 15th August and 21st August, members will be assigned to follow up and 22nd to 28th August feedback from members assigned to prospects. 31st August would be the CinC event proper.

The chair membership Niyi Adekunle urged members to please support the committee to achieve its goals.

RYLA

The president on behalf of the chair of youth service thanked all those who have indicated interest to sponsor candidates and encouraged members to send names of corporate organisations that can sponsor candidates. He also added that for us to win award at RYLA we will need to earn points in all aspect of RYLA. He appealed that we join hands with the chair of youth service to achieve this.

Polio Plus Society

We are currently signed up for 70 polio plus society members.

The president urged members to please pay up so that the certificate will be processed.

Investiture Committee:

The Investiture committee is trying to tidy up plans. The PE is currently not in the country but has been making great progress. The printing of the brochure has been in good progress. Letters have been sent to members for goodwill messages. When the PE Rtn. Olubunmi Oguntade returns, she will give a full brief

SERGEANT AT ARM: Fehintola Onagoruwa was appointed and decorated by PDG George-Taylor

WE CARE NIGHT:

The we care night was coordinated by PP Isola Ogunsola. Who introduced and recognised all members of his we care group members; July birthday celebrants

They cut their birthday cake which was coordinated by Rtn. Bamidele Ayodele and in addition, all members of the July We Care groups pledged 10 RYLA sponsorship All Members to pay a minimum of 25k for DEWEEF. And all of them pledged to be members of the Polio plus society .

AOB :

Newly inducted members Rtn. Kehinde Butali was assigned to the Rotary foundation committee and Rtn. Osinowo Adekoyejo was assigned to the membership committee

Rtn. Amen Agbonifo of Omole Golden, was at the meeting to appreciate PDG Deinde Shoga, PDG Kola Sodipo and PP Fowoke Williamson for their support and mentorship in securing their first ever Global Grant since the inception of the club.

SAA:

Total SAA collection for the day stood at #100, 000

TOAST was done by PP Isola Ogunsola

NATIONAL ANTHEM:

The meeting came to an end at 9:17PM with members reciting the National Anthem.

Priscilla Dikko
Club Secretary
2022/2023



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LAGOS OFFICE:

17, Orishe Street, Off Awolowo Way, Ikeja, Lagos State.

Tel: +234 807 8847 785.

E-mail: info@doolanclibralltd.com **Website:** www.doolanclibralltd.com



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IYALAJE HOLLOWAY MARKET OKE ARIN LAGOS

PODIUM

STOP FEELING DEFEATED IN LIFE

Contd...

Credit

PDG Doyen Raji Adeniji mni

4. Stop comparing yourself to others

That's right, when things are not working, the first thing you want to do is to stop comparing yourself to others.

Comparing yourself to others is one of the main causes of negativity in life. Imagine you compare yourself to someone who is earning much more than you, who is driving a better car or someone who is so far ahead of you. How would you feel?

Not good, right? That's why it is silly to compare yourself to others.

You have to know that everyone is living in their own timeline. Some people are earning a million Naira at age 25 and some people are broke at 40.

There will be people who are married at 30 and there will be single people at 50.

Therefore, you don't have to compare yourself to others.

Everyone is doing differently and living their own life.

What you want to do then is to focus on your goals and dreams. Focus on living your own life. When you are feeling defeated, don't compare yourself to others.

Don't compare yourself to others. You have no idea what their journey is all about."

Always bear in mind to

"Leave the habit of peeping into other people's plates (people's fortune or misfortune), take the food on your plate with love. Don't compare your life with others. Everyone is moving according to his or her destiny, you are neither late nor early."

5. Take a break

When you are feeling defeated in life, just take a break. Stop focusing on the goal, the problem, or the situation, just get away and take a break.

Jack Ma, the co-founder of Alibaba and one of the richest men in China once said whenever he faced difficulties and problems he couldn't solve, he will take a nap. And after the nap, he felt better, and the solution would come.

You have to do the same. Sometimes, you don't have to push yourself or force it. Sometimes, it is better to take a step back, look at the big picture, or take a break so that you can find a better, and more creative solution.

After Steve Jobs was fired, he took a 3 months holiday to explore life. And he discovered he still loved what he did. And thus, he started NeXT Computer, which was eventually acquired by Apple. And as a result, Jobs went back to Apple. And then the rest was history.

So, when you are depressed or stuck, take a break.

Research shows that we need to take a break and decompress so we can be at our best at work—and at home. Maybe we should ask if the life we're working so hard to create is fun to live?

6. Create a gratitude list

Here's another thing you can do when you are feeling defeated – create a gratitude list and write down everything you're grateful for.

So, what's a gratitude list? Accordingly a gratitude list is a compilation of things that you feel grateful for. It's important to create one each day to remember to look at the positive side of things.

A gratitude list helps people with anxiety, depression, or any struggle in life remember to never lose hope.

This is why writing down what you're grateful for can help you overcome defeat.

In times when things are not working out and you're feeling defeated, practicing gratefulness helps you remember what you have and makes you feel better

We must always remember that not only does gratitude help boost general well being, it also specifically improves self-esteem
Which of the blessings of God can you deny

To be continued...

PERSONALITY INTERVIEW



Niyi Adekunle is a trained business strategist and Entrepreneurship development expert. He is the Chief Executive Officer, LOTGRAND LIMITED.

In this Chat with Gbagada Express, the weekly bulletin of Rotary Club of Gbagada, Rtn. Niyi Adekunle was able to deliver insights into the issues that were interrogated.

Excerpts.

Gbagada Express : Can we meet you sir?

My name is Niyi Adekunle, chair of membership development, Rotary Club of Gbagada.

Gbagada Express

As an experienced Rotarian but a good bridge between the old and the new members, can you take our readers into the Rotary world?

Outside of my biological family, Rotary is the most interesting group have been part of. The passion, coordination and the depth with which it is practiced always leave me thinking of how much the humanity is willing to offer to make the world a better place.

Gbagada Express

Rotary has monthly theme that depicts the area of focus for each month; for August it is "Membership & Extension"; As the Chair of Memberahip of Rotary Club of Gbagada, can you enlighten Rotarians on the significant of this theme for August?

Rotary or any group for that matter can only thrive on its membership strength. The more the merrier, they say. And specifically, Rotary International President, Jennifer Jones has coined a theme around membership for the Imaginative year; RAAM (Retain All And bring More). It simply means that we must retain all our existing members and be intentional about bringing in more people into our fold and that is exactly what we are committed to doing this rotary year in our club.

Gbagada Express

What is your general comment about Rotary Club of Gbagada?

Rotary club of Gbagada is a club with a very rich culture and tradition. We have very strong leadership structure that remains the envy of the district. RC GBAGADA is a club with character, having a very rich past with many laurels to show for it, undoubtedly the future is very bright for the club.

Rotary club of Gbagada is referenced for landmark achievements throughout the zone.

Thank you.

FACES OF 100% ATTENDANCE JULY 2022



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SHOGA Deinde



OPANUBI Tayo



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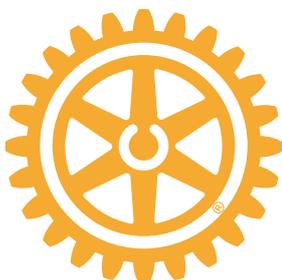


GIWA Basirat



ADEFOWOKE Williamson

ROTARY ENCYCLOPEDIA



TOGETHER, WE SEE A WORLD WHERE PEOPLE UNITE AND TAKE ACTION TO CREATE LASTING CHANGE — ACROSS THE GLOBE, IN OUR COMMUNITIES, AND IN OURSELVES.

PRIORITY

3

ENHANCE PARTICIPANT ENGAGEMENT

People of action strive to understand the needs of others. Rotary is a great organization because we create meaningful relationships across decades and continents. But just like the people and communities we serve, our participants need to feel seen and heard.

What does “Enhance Participant Engagement” mean?

Every encounter is an opportunity to show people what Rotary can do for them as individuals and as members of our communities. Enhancing participant engagement means that whenever someone engages with Rotary — through a club, a program, or even an event — they have an experience that exceeds their expectations. It also means that once someone is on the Rotary path, it’s as exciting, fulfilling, and meaningful in decade five as on day one.

Why are we doing this?

When participants don’t find experiences that feel personally and professionally relevant, they go elsewhere. We know this is one reason Rotary membership has been stagnant.

Enhancing participant engagement is assessing what we offer and looking for ways to create additional value. It’s taking a hard look at some of our current programs and deciding whether they truly provide value and fulfillment. It’s creating new programs, events, learning opportunities, and more that attract new people of action and leaders into our clubs and programs — and give them a reason to stay.

PHOTO REEL

BUSINESS/WE CARE NIGHT



STEPPING DOWN

Letter from an Irish mom to her son

Dear Son,

Just a few lines to let you know I'm still alive. I'm writing this letter slowly because I know you can't read fast. We are all doing very well. You won't recognise the house when you get home - we have moved. Your dad read in the newspaper that most accidents happen within 20 miles from your home, so we moved. I won't be able to send you the address because the last Irish family that lived here took the house numbers when they moved so that they wouldn't have to change their address.

This place is really nice. It even has a washing machine. I'm not sure it works so well though: last week I put a load in and pulled the chain and haven't seen them since.

Your father's got a really good job now. He's got 500 men under him. He's cutting the grass at the cemetery.

Your sister Mary had a baby this morning but I haven't found out if it's a boy or a girl, so I don't know whether you are an auntie or an uncle.

Your brother Tom is still in the army. He's only been there a short while and they've already made him a court martial!

Your Uncle Patrick drowned last week in a vat of whisky in the Dublin Brewery. Some of his workmates tried to save him but he fought them off bravely. They cremated him and it took three days to put out the fire.

I'm sorry to say that your cousin Seamus was arrested while riding his bicycle last week. They are charging him with dope peddling.

I went to the doctor on Thursday and your father went with me. The doctor put a small tube in my mouth and told me not to talk for ten minutes. Your father offered to buy it from him.

The weather isn't bad here. It only rained twice this week, first for three days and then for four days. Monday was so windy one of the chickens laid the same egg four times.

We had a letter from the undertaker. He said if the last payment on your grandmother's plot wasn't paid in seven days, up she comes.

About that coat you wanted me to send you, your Uncle Stanley said it would be too heavy to send in the mail with the buttons on, so we cut them off and put them in the pockets.

John locked his keys in the car yesterday. We were really worried because it took him two hours to get me and your father out.

Three of your friends went off a bridge in a pick-up truck. Ralph was driving He rolled down the window and swam to safety. Your other two friends were in the back. They drowned because they couldn't get the tailgate down.

There isn't much more news at this time. Nothing much has happened.

Your loving Mum.

P.S. I was going to send you some money but I had already sealed the envelope

Essential tips for discerning business people on TV

SCHEDULE OF WEEKLY BROADCASTS

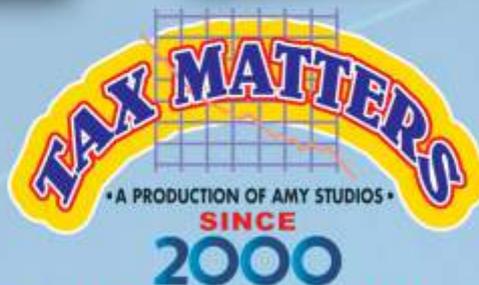
DAY OF THE WEEK	STATION	TIME OF TRANSMISSION
TUESDAY	CHANNELS TV DSTV-Channel 420 GOTV-Channel 48	4.30pm- 5.00pm
TUESDAY	LIBERTY TV	6:30pm-7:00pm
TUESDAY	NTA Minna	7.30pm - 8:00pm
TUESDAY	NTA Port Harcourt	7:30pm - 8:00pm
TUESDAY	NTA Maiduguri	7:30pm - 8:00pm
TUESDAY	NTA Jos	7:30pm - 8:00pm
WEDNESDAY	NTA Kaduna	7:30pm - 8:00pm
THURSDAY	TVC-News NIGERIA DSTV - Channel 418 GOTV - Channel 45	6:30pm - 7:00pm
THURSDAY	NTA Enugu	6:30pm - 7:00pm
THURSDAY	NTA Kano	7:30pm-8:00pm
THURSDAY	NTA News 24 DSTV-Channel 419 GOTV-Channel 46	7:30pm - 8:00pm
FRIDAY	NTA Aba	7:30pm - 8:00pm
FRIDAY	WONDERLAND TV TSTV-Channel 372 FREE TO AIR	8:30pm - 9:00pm
MONDAY	NTA Ibadan	7:30pm - 8.00pm

Genuine business people desirous of success in today's business environment ignore the taxman only at their own peril.

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